

States and Capitals

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State	Capital	Abbr.	Region
Alabama	Montgomery	AL	South
Alaska	Juneau	AK	West
Arizona	Phoenix	AZ	West
Arkansas	Little Rock	AR	South
California	Sacramento	CA	West
Colorado	Denver	CO	West
Connecticut	Hartford	CT	Northeast
Delaware	Dover	DE	South
Florida	Tallahassee	FL	South
Georgia	Atlanta	GA	South
Hawaii	Honolulu	HI	West
Idaho	Boise	ID	West
Illinois	Springfield	IL	Midwest
Indiana	Indianapolis	IN	Midwest
Iowa	Des Moines	IA	Midwest
Kansas	Topeka	KS	Midwest
Kentucky	Frankfort	KY	South
Louisiana	Baton Rouge	LA	South
Maine	Augusta	ME	Northeast
Maryland	Annapolis	MD	South
Massachusetts	Boston	MA	Northeast
Michigan	Lansing	MI	Midwest
Minnesota	Saint Paul	MN	Midwest
Mississippi	Jackson	MS	South
Missouri	Jefferson City	MO	Midwest

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State	Capital	Abbr.	Region
Montana	Helena	MT	West
Nebraska	Lincoln	NE	Midwest
Nevada	Carson City	NV	West
New Hampshire	Concord	NH	Northeast
New Jersey	Trenton	NJ	Northeast
New Mexico	Santa Fe	NM	West
New York	Albany	NY	Northeast
North Carolina	Raleigh	NC	South
North Dakota	Bismarck	ND	Midwest
Ohio	Columbus	OH	Midwest
Oklahoma	Oklahoma City	OK	South
Oregon	Salem	OR	West
Pennsylvania	Harrisburg	PA	Northeast
Rhode Island	Providence	RI	Northeast
South Carolina	Columbia	SC	South
South Dakota	Pierre	SD	Midwest
Tennessee	Nashville	TN	South
Texas	Austin	TX	South
Utah	Salt Lake City	UT	West
Vermont	Montpelier	VT	Northeast
Virginia	Richmond	VA	South
Washington	Olympia	WA	West
West Virginia	Charleston	WV	South
Wisconsin	Madison	WI	Midwest
Wyoming	Cheyenne	WY	West