

Alabama

Montgomery

Alaska

Juneau

Arizona

Phoenix

Arkansas

Little Rock

California

Sacramento

Colorado

Denver

Connecticut

Hartford

Delaware

Dover

Florida

Tallahassee

Georgia

Atlanta

Hawaii

Honolulu

Idaho

Boise

Illinois

Springfield

Indiana

Indianapolis

Iowa

Des Moines

Kansas

Topeka

Kentucky

Frankfort

Louisiana

Baton Rouge

Maine

Augusta

Maryland

Annapolis

Massachusetts

Boston

Michigan

Lansing

Minnesota

Saint Paul

Mississippi

Jackson

Missouri

**Jefferson
City**

Montana

Helena

Nebraska

Lincoln

Nevada

Carson City

**New
Hampshire**

Concord

New Jersey

Trenton

New Mexico

Santa Fe

New York

Albany

**North
Carolina**

Raleigh

**North
Dakota**

Bismarck

Ohio

Columbus

Oklahoma

Oklahoma City

Oregon

Salem

Pennsylvania

Harrisburg

**Rhode
Island**

Providence

**South
Carolina**

Columbia

**South
Dakota**

Pierre

Tennessee

Nashville

Texas

Austin

Utah

**Salt Lake
City**

Vermont

Montpelier

Virginia

Richmond

Washington

Olympia

**West
Virginia**

Charleston

Cut along the dashed lines, then fold each strip in half on the dotted line.

Wisconsin

Madison

Wyoming

Cheyenne